



Teachable Moments

- Basic Offshore Stuff
 - Good watch keeping practices
 - Checking and dealing with chafe
 - Safe techniques for seaweed and debris
- Emergency Plans for fire, abandon ship, major failures
 - Assign duties, post plans, conduct drills
- Handholds and attachments for below deck workstations
- Steering failure - big loads and directional instability
- If it looks flimsy or “haywired” – it is



More Teachable Moments

- Build trust with watch captains and navigator
 - Skipper cannot be a communication bottleneck.
- Prepare for Delivery along with Race
 - Crew
 - What equipment changes are necessary
- Develop a stowage plan.
 - Don't wake the Skipper to find food, toilet paper, tools
- Damage repair plans
 - Consider modes of failure and need for tools, spares, materials



Environmental Stewardship

- Rule 50 – Boats shall not intentionally put trash in the water
 - Vic-Maui exceptions: Organic food waste & Biodegradable bands from spinnakers
- Illegal to discharge plastic anywhere
 - If you've sailed to Hawaii, you know why
- Control boat discharges
 - Keep bilge clean, use absorbent sheets
 - Eco-certified cleaners
 - Garbage Plan